

SONY®

User guide

Mono Bluetooth® Headset
MBH22

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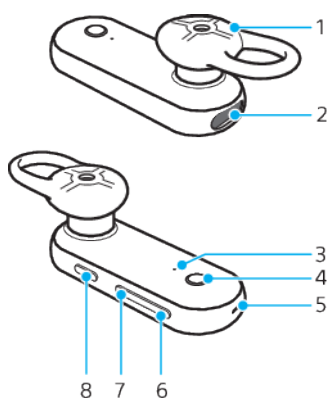
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Introduction

Function overview

Your Mono Bluetooth® Headset lets you handle calls hands-free, listen to music and use the voice assistant when paired with a compatible Android™ or iOS device. You can connect your headset with up to two compatible devices at the same time. This lets you receive calls from both devices without having to disconnect and reconnect.

Hardware overview



1. Ear speaker	Handle calls or listen to music.
2. Charger/USB Type-C™ cable port	Insert the USB Type-C cable to charge the battery.
3. LED indicator	The LED colour indicates the battery level: <ul style="list-style-type: none">• Green: 85% or more.• Orange: 15% - 85%.• Red: 15% or less. The LED flash frequency indicates status: <ul style="list-style-type: none">• Flashes slowly 3 times when you press the power key to check the battery level.• Flashes quickly during pairing mode and incoming or outgoing calls.
4. Power key 	Short press to: <ul style="list-style-type: none">• Check the battery level. Long press for 1 second to: <ul style="list-style-type: none">• Power on and attempt to connect.• Power off. Long press for 5 seconds to: <ul style="list-style-type: none">• Power on and enter pairing mode. Long press for 10 seconds to: <ul style="list-style-type: none">• Reset your headset.
5. Microphone	Make phone calls or use the voice assistant.
6. Volume key —	Press to decrease the volume.
7. Volume key +	Press to increase the volume.

8. Multi-function
key ▶|| ↶

Short press to:

- Answer or end a call.
- Play or pause the current music track.
- Attempt to reconnect.

Long press for 1 second to:

- Reject incoming calls.
- Mute or unmute the microphone during a call.
- Initiate voice assistant with Google/Siri.

Quickly double-tap to:

- Switch between calls.
- Skip to the next music track.

Quickly triple-tap to:

- Transfer audio content between your headset and the paired Android or iOS device.
- Skip to the previous music track.

Basics

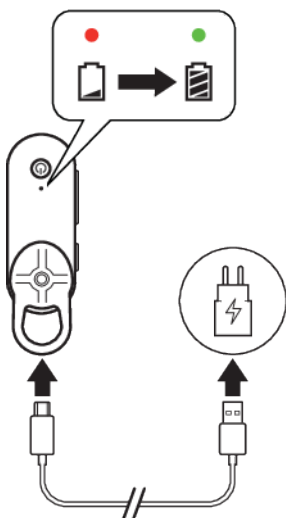
Charging

Before using your headset for the first time, it is recommended to charge it with a Sony charger. The LED indicator turns green when the battery level is above 85%.

A drained headset needs to charge for up to 2 hours to be fully charged. Battery life is approximately 6 hours if the temperature is 25° C (77° F).

- ! Your headset has a capless USB port. The USB port must be completely dry before a cable can be connected for charging.


To charge your headset




- 1 Connect one end of the **USB Type-C** cable to the charger or the USB port of a computer.
 - 2 Connect the other end of the cable to the **USB Type-C** port on your headset.
- 💡 For the recommended charger, see <http://www.sonymobile.com/products/accessories/>.

Turning on and off

To turn on your headset

- Long press  for 1 second. The LED indicator flashes quickly in green three times.

To turn off your headset

- Long press  for 1 second. The LED indicator flashes quickly in red three times.

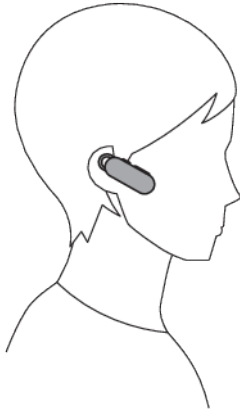
- 💡 If your headset is idle for 10 minutes, it turns off automatically.

Adjusting the volume

To change the volume

- During a call or when listening to music, press **+** or **-** to increase or decrease the volume.
- ! Avoid using your headset on high volume, as this may cause permanent hearing damage or disturb others around you.

Wearing instruction



You can wear your headset in either ear.

- ! Avoid using your headset on high volume, as this may cause permanent hearing damage or disturb others around you.

Using your headset

Pairing your headset with an Android or iOS device

Before you can use your headset, you must pair it with a compatible Android or iOS device. After the initial pairing, your headset automatically connects to the device whenever your headset is turned on and within range.

You can pair your headset with up to two compatible devices at the same time. See *Using Multipoint mode* for more information.

To pair your headset with an Android or iOS device using Bluetooth

- 1 Make sure that your headset is charged and turned on.
- 2 **Android or iOS device:** Make sure that the Bluetooth function is turned on. Scan for Bluetooth devices and select MBH22 from the list of available devices.

Using your headset for phone calls

- ⚠ For your safety, do not use your headset to handle calls while you are driving. To prevent accidents, it is not recommended to use your headset while walking, running or cycling.

For these functions to work, you must use an Android or iOS device that supports the relevant functions, for example, call handling.

To answer a call

- When you hear an incoming call signal, short press ►|| 📞.

To end a call

- During an ongoing call, short press ►|| 📞.

To reject a call

- When you hear an incoming call signal, long press ►|| 📞.

To answer a second call

- When you hear an incoming call signal during an ongoing call, short press ►|| 📞 to answer the second call. The ongoing call is put on hold.

To reject a second call

- When you hear an incoming call signal during an ongoing call, long press ►|| 📞 to reject the second call.

To switch between ongoing calls

- Quickly double-tap ►|| 📞. The other call is put on hold.

Using your headset to listen to music

When your headset is connected to an Android or iOS device, you can play audio content such as music from the Android or iOS device using your headset. Open the relevant application on the Android or iOS device to start listening to audio content.

To pause or skip music tracks

- 1 When listening to music, short press ►|| 📞 to pause the track. Short press again to resume.
- 2 Quickly double-tap ►|| 📞 to skip to the next track.
- 3 Quickly triple-tap ►|| 📞 to go back to the previous track.

Using the voice assistant function

To start the voice assistant

- Long press ►|| 🔁 for 1 second to talk to Google/Siri.
- ! For these functions to work, you must use an Android or iOS device that supports the relevant functions. Refer to instructions from the Android or iOS device for details.

Using Multipoint mode

You can use Multipoint mode to pair your headset with two compatible Android or iOS devices at the same time. This lets you receive calls from both paired devices without having to disconnect and reconnect.

Singlepoint mode is enabled by default, in which your headset pairs with only one Android or iOS device. If you want to stay in Singlepoint mode but change to a new Android or iOS device, disconnect your headset from the first device then pair it with the new device.

- 💡 Multipoint mode consumes more battery power than Singlepoint mode.

To activate Multipoint mode

- 1 Make sure that your headset is turned off.
- 2 Long press + and 🔌 until the LED indicator flashes in green three times, then flashes twice more to indicate that Multipoint mode is turned on.

To return to Singlepoint mode

- 1 Make sure that your headset is turned off.
- 2 Long press — and 🔌 until the LED indicator flashes in green three times, then flashes once more to indicate that Singlepoint mode is turned on.

Resetting your headset

You can perform a hardware reset or a factory reset on your headset. Perform a factory reset if your headset behaves unexpectedly. Factory reset restores your headset to its original settings.

To reset your headset

- 1 Make sure that the headset is turned off.
- 2 Long press 🔌 for 10 seconds until the LED indicator starts flashing quickly in green.

To perform a factory reset on your headset

- 1 Turn off your headset.
- 2 Long press 🔌 and ►|| 🔁 at the same time for 1 second. The LED indicator will flash four times rapidly in green, then three times in red.

Legal information

Sony MBH22

Prior to use, please read the *Important information* leaflet separately provided.

This User guide is published by Sony Mobile Communications Inc. or its local affiliated company, without any warranty. Improvements and changes to this User guide necessitated by typographical errors, inaccuracies of current information, or improvements to programs and/or equipment, may be made by Sony Mobile Communications Inc. at any time and without notice. Such changes will, however, be incorporated into new editions of this User guide.

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4-12-3 Higashi-Shinagawa, Shinagawa-ku, Tokyo, 140-0002 Japan

Sony Belgium, bijkantoor van Sony Europe Limited, Da Vincilaan 7-D1, 1935 Zaventem, Belgium

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Visit www.sonymobile.com for more information.

All illustrations are for illustration only and may not accurately depict the actual accessory.

Recycling the battery in your transmitting device

The battery in your transmitting device must be disposed of properly and should never be placed in municipal waste. A Sony Mobile repair partner removing the battery will dispose of it according to local regulations.

Declaration of Conformity for MBH22



Hereby, Sony Mobile declares that the equipment type **RD-0151** is in compliance with Directive: **2014/53/EU**. The full text of the EU declaration of conformity is available at the following internet address: <http://www.compliance.sony.de/>

С настоящото Sony Mobile декларира, че радиосъоръжение тип **RD-0151** е в съответствие с Директива; **2014/53/ЕС**. Цялостният текст на ЕС декларацията за съответствие може да се намери на следния интернет адрес: <http://www.compliance.sony.de/>

Sony Mobile ovime izjavljuje da je radijska oprema tipa **RD-0151** u skladu s Direktivom; **2014/53/EU**. Cjeloviti tekst EU izjave o sukladnosti dostupan je na sljedećoj internetskoj adresi: <http://www.compliance.sony.de/>

Sony Mobile tímto prohlašuje, že radiové zařizení typ **RD-0151** je v souladu se směrnicí; **2014/53/EU**. Úplné znění EU prohlášení o shodě je k dispozici na této internetové adrese: <http://www.compliance.sony.de/>

Hermed erklarer Sony Mobile, at radioudstyrstypen **RD-0151** er i overensstemmelse med direktiv; **2014/53/EU**. EU-overensstemmelseserklaringens fulde tekst kan findes på følgende internetadresse: <http://www.compliance.sony.de/>

Hierbij verklaart Sony Mobile dat het type radioapparatuur **RD-0151** conform is met Richtlijn; **2014/53/EU**. De volledige tekst van de EU-conformiteitsverklaring kan worden geraadpleegd op het volgende internetadres: <http://www.compliance.sony.de/>

Käesolevaga deklareerib Sony Mobile, et käesolev raadioseadme tüüp **RD-0151** vastab direktiivi; **2014/53/EL** nouetele. ELi vastavusdeklaratsiooni täielik tekst on kättesaadav järgmisel internetiaadressil: <http://www.compliance.sony.de/>

Sony Mobile vakuuttaa, että radiolaitetyypin **RD-0151** on direktiivin; **2014/53/EU** mukainen. EU-vaatimustenmukaisuusvakuutuksen täysimittainen teksti on saatavilla seuraavassa internetosoitteessa: <http://www.compliance.sony.de/>

Le soussigné, Sony Mobile, déclare que l'équipement radioélectrique du type **RD-0151** est conforme à la directive; **2014/53/UE**. Le texte complet de la déclaration UE de conformité est disponible à l'adresse internet suivante: <http://www.compliance.sony.de/>

Hiermit erklärt Sony Mobile, dass der Funkanlagentyp **RD-0151** der Richtlinie; **2014/53/EU** entspricht. Der vollständige Text der EU-Konformitätserklärung ist unter der folgenden Internetadresse verfügbar: <http://www.compliance.sony.de/>

Με την παρούσα η Sony Mobile, δηλώνει ότι ο ραδιοεξοπλισμός **RD-0151** πληροί τους όρους της οδηγίας; **2014/53/ΕΕ**. Το πλήρες κείμενο της δήλωσης συμμόρφωσης ΕΕ διατίθεται στην ακόλουθη ιστοσελίδα στο διαδίκτυο: <http://www.compliance.sony.de/>

Sony Mobile igazolja, hogy a **RD-0151** típusú rádióberendezés megfelel a; **2014/53/EU** irányelvnek. Az EU-megfelelőségi nyilatkozat teljes szövege elérhető a következő internetes címen: <http://www.compliance.sony.de/>

Il fabbricante, Sony Mobile, dichiara che il tipo di apparecchiatura radio **RD-0151** è conforme alla direttiva; **2014/53/EU**. Il testo completo della dichiarazione di conformità UE è disponibile al seguente indirizzo Internet: <http://www.compliance.sony.de/>

Ar šo Sony Mobile deklarē, ka radioiekārta **RD-0151** atbilst Direktīvai; **2014/53/ES**. Pilns ES atbilstības deklarācijas teksts ir pieejams šādā interneta vietnē: <http://www.compliance.sony.de/>

Mes, Sony Mobile, patvirtiname, kad radijo įrenginių tipas **RD-0151** atitinka Direktyvą; **2014/53/ES**. Visas ES atitikties deklaracijos tekstas prieinamas šiuo interneto adresu: <http://www.compliance.sony.de/>

Il-Kumpanija Sony Mobile tiddikjara li t-tagħmir tar-radju tat tip **RD-0151** huwa konformi mad-Direttiva; **2014/53/EU**. It-test sħiħ tad-dikjarazzjoni ta' konformita tal-UE huwa disponibbli f'dan l-indirizz tal-Internet li ġej: <http://www.compliance.sony.de/>

Herved erklarer Sony Mobile at radioutstyr typen **RD-0151** er i samsvar med direktiv; **2014/53/EU**. EU-erklaring fulltekst finner du pa Internett under: <http://www.compliance.sony.de/>

Sony Mobile niniejszym oświadcza, że typ urządzenia radiowego **RD-0151** jest zgodny z dyrektywą; **2014/53/UE**. Pełny tekst deklaracji zgodności UE jest dostępny pod następującym adresem internetowym: <http://www.compliance.sony.de/>

O(a) abaixo assinado(a) Sony Mobile declara que o presente tipo de equipamento de rádio **RD-0151** está em conformidade com a Diretiva; **2014/53/UE**. O texto integral da declaração de conformidade está disponível no seguinte endereço de Internet: <http://www.compliance.sony.de/>

Prin prezenta, Sony Mobile declară că tipul de echipament radio **RD-0151** este în conformitate cu Directiva; **2014/53/UE**. Textul integral al declarației UE de conformitate este disponibil la următoarea adresă internet: <http://www.compliance.sony.de/>

Sony Mobile potrjuje, da je tip radijske opreme **RD-0151** skladen z Direktivo; **2014/53/EU**. Celotno besedilo izjave EU o skladnosti je na voljo na naslednjem spletnem naslovu: <http://www.compliance.sony.de/>

Sony Mobile týmto vyhlasuje, že rádiové zariadenie typu **RD-0151** je v súlade so smernicou; **2014/53/EU**. Úplné EÚ vyhlásenie o zhode je k dispozícii na tejto internetovej adrese: <http://www.compliance.sony.de/>

Por la presente, Sony Mobile declara que el tipo de equipo radioeléctrico **RD-0151** es conforme con la Directiva; **2014/53/UE**. El texto completo de la declaración UE de conformidad está disponible en la dirección Internet siguiente: <http://www.compliance.sony.de/>

Härmed försäkrar Sony Mobile att denna typ av radioutrustning **RD-0151** överensstämmer med direktiv; **2014/53/EU**. Den fullständiga texten till EU-försäkran om överensstämmelse finns på följande webbadress: <http://www.compliance.sony.de/>

Bu belgeyle, Sony Mobile Communications Inc., **RD-0151** tipi telsiz cihazının **2014/53/EU** sayılı Direktife uygun olduğunu beyan etmektedir. AB Uygunluk beyanının tüm metnine şu internet adresinden ulaşılabilir: <http://www.compliance.sony.de/>

FCC Statement

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

Any change or modification not expressly approved by Sony may void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

AVISO IMPORTANTE PARA MÉXICO

La operación de este equipo está sujeta a las siguientes dos condiciones: (1) es posible que este equipo o dispositivo no cause interferencia perjudicial y (2) este equipo o dispositivo debe aceptar cualquier interferencia, incluyendo la que pueda causar su operación no deseada.

Para consultar la información relacionada al número del certificado, refiérase a la etiqueta del empaque y/o del producto.

Alimentación: 3,7 Vcc

Industry Canada Statement

This device complies with Industry Canada's licence-exempt RSSs. Operation is subject to the following two conditions: (1) This device may not cause interference; and (2) This device must accept any interference, including interference that may cause undesired operation of the device.

Avis d'industrie Canada

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage; (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.